# DUNDEE GROWN HIGH SCHOOL 1500 KINGS RD, CARPENTERSVILLE, IL OCTOBER 1ST, 2023 (SUNDAY)

- -FORM (INDIVIDUAL LEVEL 1 OR 2, INDIVIDUAL HALF)
- -BOARD BREAKING
- -NINJA WARRIOR BREAKING
- -HAPKIDO (3 SELF DEFENSE TECHNIQUE)
- -SPARRING (LEVEL 1 OR 2)
- -POWER BREAKING
- -JUMPING HIGH FRONT SNAP KICK
- -DEMONSTRATION TEAM COMPETITION



Level 1 :We recommend those who have participated in at least two state competitions or major competitions. (We use DaeDo) Level 2 :It is recommended for general martial arts practitioners who have no experience in sports poomsae or sports sparring competition.

For more info call : Master Koo (Jongsub Koo) 847-658-0099 / tigerkoosma@gmail.com



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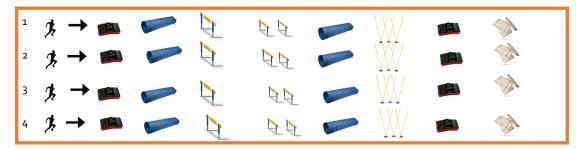


### INFORMATION

DATE: Sunday, October 1st, 2023 LOCATION: Dundee Crown High School – 1500 Kings Rd, Carpentersville, IL 60110 TYPE OF COMPETITION: Form (Level 1, 2) , Half Form/ Breaking /Sparring (Level 1, 2)

#### SPECIAL EVENTS

- Group Form(3members only, Following belt and age group) / Family form (2 or more)
- Hap Ki Do (Self-Defense: 3 Techniques-with your own partner)
- Jumping High Front Kick : Who is going to jump the highest and break successfully?! (8~12 years old),(13 years old and up) /Male, Female
- Power Breaking (9~12 Years old and 13 years and up /Male, Female Division) Palm, Knife Hand, Elbow (Personal Choice)
- Demo Team Competition: Start with music 6 min. limit
- Ninja Warrior Breaking : The person who passes the obstacle the fastest and succeeds until the last breaking
   1. 10 front snap kick 2. Tunnel 1 3. Jump Hurdle 4. Under Hurdle(Lay back down) 5. Trunnel 2 6. zig zag run
   7. Jump over target 8. Jump front snap kick (7yr and Up) / 8. Hammer fist for Little tigers (3yr~6yr)



#### **AWARDS**

- Form, Board Breaking, Sparring, Hap Ki Do and Ninja Warrior Breaking Competitors Trophy
- Power, Jump High Front Kick, Demo Team Big Trophy
- Demo Team Champion \$500(Cash) Second place (\$200) "This condition applies only if more than three teams participate."

3 Event \$105.00



#### **COMPETITION FEE**

**4 Event \$115.00** 

**5** Event \$125.00

#### (Any Board Breaking Event Will Cost Extra)

(Jump High Front kick / Power Breaking – you may only choose one of these events.)

🔷 2 Event \$95.00

- Board Breaking Additional \$3 per 1 each Board (3 boards-\$9, 4 boards-\$12, 5 boards-\$15)
- Jumping High Front snap kick you need to pay \$10.00 Extra for Boards fee
- Power Breaking for Medium board (9yr~12yr)\$20.00 for Adult board (13yr and up)\$30.00
- Ninja Warrior Breaking you need to pay \$3.00 Extra for Boards fee
- Demo Team (Group Fee \$250.00)

#### **ENTRANCE FEES**

- Spectator tickets will be available at the door as follows
- Adult (13 years old and over): \$12.00 / Senior 65 years old and over: \$6.00 / Children (6~12 years old): \$6.00 / Children (5 years old & under): Free



## SCHEDULE OF EVENTS

- 8:00AM Competitor Registration Open
- 8:10AM Referee & Judge Meeting
- 8:20AM Opening ceremony / Demo Team Competition
- 8:40AM Form (Level 1 Court #5,6) / Group Form & Family Form
- 9:20AM Form and Half Form (Level 2-Court #1,2,3,4) (Form will be 2 time, Half form will be 2 time) Hap Ki Do (Self-defense)
- **10:00AM** Board Breaking (All Courts) Maximum 3 attempts and NO using any equipment or any people
- **11:00AM** Ninja Warrior Breaking Court #3, 4
- 11:40AM Individual Sparring

(Level 1 -Court# 5,6/ Level 2 – Court#1,2,3,4) Color Belt: 1min 2round, Black Belt: 1 min 30 second 3round

- **12:30PM** Lunch Time
- **1:00PM** Power Breaking-Over 13 years old Male / Female (Court#1,2)
- 1:00PM Jumping Flying Side Kick / Jumping High Front Kick Male / Female (Side Court) \*Jump High Front kick / Power Breaking – you may only choose one of these events\*

Level 1 : We recommend those who have participated in at least two state competitions or major competitions.

Level 2 : It is recommended for general martial arts practitioners who have no experience in sports poomsae

or sports sparring competition.

From the age of 14, the competition is divided into Male and Female divisions.



## ALL COMPETITION AGE DIVISION

3~4 years old	5~6 years old	7~9 years old	Child Board
10~11 years old	12~13 years old		Medium Board
14~17 years old	18~32 years old	33 years old and Up	Adult Board

## FORM LEVEL DIVISION (ONE ON ONE)

	Form Level 2 (	Court # 1, 2, 3, 4	
Side			
Court	Court #2	Court #1	
	Tae Geuk 3, 4	Gi Cho 1&2,	
	Keum Gang (2Dan)	Tae Geuk 1, 2 Koryo(1Dan)	
	All Half From together	All Half From together	
	Court #4	Court #2	
	<b>Court #4</b> Tae Geuk 7, 8	<b>Court #3</b> Tae Geuk 5, 6	
		Hap Ki Do (Self-Defense)	
	Pyongwon(3Dan), Taeback(4Dan)	Hap KI DO (Sell-Defense)	
Jump	Taeback(4Dall)		
Front	All Half From together	All Half From together	
Snap Kick			
	*Half Form is only		
	*Black Belt must	Finish your full form*	
	Form Level	<b>1</b> Court # 5, 6	
	Court #6	Court #5	
	Tae Geuk 5~ 8	Tae Geuk 1~4	
	Over 2Dan Black Belt	1Dan Black Belt (Koryo)	



## BOARD BREAKING BELT DIVISION

<court #2=""></court>	<court #1=""></court>
Orange ~ Purple Belt / (Tae Geuk 1,2,3)	White ~ Yellow Belt / (Gi Cho Form)
<"B" type - <u>4 Board Breaking</u> >	<"A" type - <u>3 Board Breaking</u> >
1, Punch → 2. Side Kick	1. Knife Hand → 2. Round House Kick
✓	✓
3. Back Kick → 4. Free Style	3. Free Style
<court #4=""></court>	<court #3=""></court>
Blue ~ Red Belt / (Tae Geuk 4,5,6,7)	Blue ~ Red Belt / (Tae Geuk 4,5,6,7)
<"C" type - <u>4 Board Breaking</u> >	<"C" type - <u>4 Board Breaking</u> >
1. Axe Kick → 2. Front Snap Kick	1. Axe Kick → 2. Front Snap Kick
✓	✓
3. Spinning Hook Kick → 4. Free Style	3. Spinning Hook Kick → 4. Free Style
<court #6=""> Black Belt &lt;"Free Style" - <u>5 Board Breaking</u>&gt;</court>	Court #5 <b>Deputy Belt / (Tae Geuk 8 &amp; Tae Geuk Review)</b> <b>&lt; ``D'' type -</b> <u>4 Board Breaking</u> > 1. Round House Kick $\rightarrow$ 2. Back Kick $\swarrow$ 3. Tornado Kick $\rightarrow$ 4. Free Style

## \*From the age of 14, the competition is divided into Male and Female divisions\*



## SPARRING DIVISION

(Color Belt : 1 min, 2 round / Black Belt : 1 min-30 second, 3 round)

Individual Sparring (Level 1 - Court # 5, 6 / Level 2 - Court # 1, 2, 3, 4)

Head Contact (Level 1) All Black Belt (Light Contact to head)

"No" Head Contact (Level 2)

Sparring Level 2	2 Court # 1, 2, 3, 4	Sparring Level	1 Court # 5, 6
Court #2 All Belt 10yrs~13yrs	<b>Court #1</b> All Belt 3yrs~9 yrs	Court #6	Court #5
<b>Court #4</b> All Belts 18 yrs and up	<b>Court #3</b> All Belt 14yrs~17 yrs	All Belts 14yrs and up	All Belt 3yrs~13 yrs

When finish any Court available will moving to Other court.

#### Ninja Warrior Breaking:

The person who passes the obstacle the fastest and succeeds until the last breaking

1. 10 front snap kick 2. Tunnel ① 3. Hurdle 4. Under Hurdle 5. Tunnel ② 6. zig zag

6. Side step jump 7. Jump front snap kick (7yr and Up) / 7. Hammer fist (3yr~6yr)

Jumping High Front Kick (8~12 years old),(13 years old and up) /Male, Female

Higher Jumping Front Kick Over Obstacle with Board Breaking success

### **Power Breaking**

(9~12 Years old and 13 years old and up, Male & Female)

Palm, Knife Hand, Elbow (You can choose.)

9~12yr old—Medium board / 13yr and up –Adult board

### Demo Team Competition (Start with music -6min) Over 6min results in automatic disqualification! You have to bring your own equipment (include board)



## DETAIL COURT INFORMATION

### All Competition Age Division

3~4 years old	5~6 years old	7~9 years old	Child Board
10~11 years old	12~13 years old		Medium Board
14~17 years old	18~32 years old	33 years old and Up	Adult Board
<b>C</b> οι	Jrt #2	Cour	t #1
Form : <u>Level 2 Tae Geuk 3, 4</u> <u>Keum Gang (2 Dan)</u> Breaking : "B" type (4 Board Breaking) Sparring : <u>Level 2 All Belt 10yrs ~ 13yrs old</u>		Form : <u>Level 2 Gi Cho 1,2</u> <u>Tae Geuk 1,2 and Kory (1 Dan)</u> Breaking : <b>"A" type</b> (3 Board Breaking) Sparring : <u>Level 2 All Belt</u> <u>3yrs~9yrs old</u>	
<b>C</b> οι	urt #4	Cour	t #3
Form : <u>Level 2 Tae Geuk 7, 8</u> <u>Pyuong Won (3 Dan) Tae Back (4 Dan)</u> Breaking : "C" type (4 Board Breaking) Sparring : <u>Level 2 All Belt 18yrs and Up</u>		Form : <u>Level 2 Tae Geuk 5, 6</u> Hap Ki Do (Self-Defense) Breaking : <b>"C" type</b> (4 Board Breaking) Sparring : <u>Level 2 All Belt 14yrs~17 yrs old</u>	
<b>C</b> οι	urt #6	Cour	rt #5
Form : <u>Level 1 Tae Geuk 5</u> <u>(KuemKang)</u> Breaking : Black Belt <b>"Free</b> Sparring : <u>Level 1 All Colo</u>	Style" (5 Board Breaking)	Form : <u>Level 1 Tae Geuk 1~4 /</u> Breaking : <b>"D" type</b> (4 Board Sparring : <u>Level 1 All Color Be</u>	Breaking)

## **Side Court** Jumping High Front snap Kick

Demo Team :Court #1, 2, 3, 4	8:20 am
Group Form & Family Form :Court #5, 6	————8:40 am
Ninja Warrior Breaking : Court #3, 4	11:00 am
Power Breaking :Court #1, 2, 3, 4	om
Jumping High Front Snap Kick :Side Court 1, 2	



## 2023 TIGER KOO'S OPEN CHAMPIONSHIP ENTRY FORM

#### Applications with missing information will not be processed. Please fill in all information completely!

Last Name	First Name		M / F	
D.O.B	Age Weight		Belt Rank	
Martial Arts School Information	Martial Arts School Name			
	Address			
	City		State	
	Zip	Phone#		

"LIABILITY WAIVER" In Consideration of your acceptance of my entry in this tournament, I do hereby on behalf of myself, my heirs, executors, administrators waive, release and forever discharge any and all rights and claims for damages which I may have against Chicago Martial Arts Association and Members of the tournament and their respective officers, agents, representatives, successors, and / or assigns, and against any competitor for any and all damages which may be sustained by me in connection with my association with or entry in the above athletic meet, and which may arise out of traveling to, participating in, and / or returning form such athletic meet. I fully understand that Tae Kwon Do is a body –contact sport and that injuries can occur during competition. I further acknowledge having received and reviewed a copy of the rules of this competition. I fully understand the competition rules and agree to fully abide by them. In the event this application is for a minor, I warrant and rep-resent that I am the parent or legal guardian of such applicant and that I waive any and all rights and claims for damages claimed for competitors contained herein.

Note: This release, Consent and assumption of risk, has important legal consequences. If the competitor, whose name appears above, is under the age of 18, his / her parent or legal guardian must execute this document. (C.M.A. regulations will govern these championships for forms, breaking, and sparring players.)

#### COMPETITOR SIGNATURE(IF OVER 18 YEARS OF AGE):

SIGN :		DATE://
PARENT / LEGAL GUAR	DIAN SIGNATURE: (IF UNDER 18 YEARS OF	AGE):
SIGN :		DATE://
Events:		
Form:	(Form Name?) / 🗌 Board Breakir	ng(How many board?)
Sparring:	/ 🔲 Hap Ki Do (Se	lf-Defense):
🗌 Ninja Warrior Breaking	g <u>(New Event!!!)</u>	🗌 Jump High Kick
Power Breaking: P	alm / 🗌 Knife Hand / 🗌 Elbow / 🗌 Punch	🗌 Demo Team
Board Breaking Additiona Jump High Kick \$15.00 Ex Power Breaking for Media Extra Each (We will Provid	um board (9yr~12yr)\$20.00 for Adult board (	5-\$12, 5 boards-\$15) 13yr and up)\$30.00
Jumping Flying Side kick and	d Jump High Front kick and Power Breaking– you	may only choose one of these events.
Total Events:	_ Total Amount Enclosed : \$ - Make Check Payable To: "Tiger Koo	-



### 2023 TIGER KOO'S OPEN CHAMPIONSHIP DEMO TEAM ENTRY FORM

Last Name	First Name		M / F	
D.O.B	Age Weight		Belt Rank	
Martial Arts School Information	Martial Arts School Name			
	Address			
	City		State	
	Zip	Phone#		

Demo Team Fee: \$250.00 for Entire Team. **\*This is not included In "Events"** Demo Team - you must Join a minimum of 1 Event

#### "LIABILITY WAIVER"

In Consideration of your acceptance of my entry in this tournament, I do hereby on behalf of myself, my heirs, executors, administrators waive, release and forever discharge any and all rights and claims for damages which I may have against Chicago Martial Arts Association and Members of the tournament and their respective officers, agents, representatives, successors, and / or assigns, and against any competitor for any and all damages which may be sustained by me in connection with my association with or entry in the above athletic meet, and which may arise out of traveling to, participating in, and / or returning form such athletic meet. I fully understand that Tae Kwon Do is a body –contact sport and that injuries can occur during competition. I further acknowledge having received and reviewed a copy of the rules of this competition. I fully understand the competition rules and agree to fully abide by them. In the event this application is for a minor, I warrant and represent that I am the parent or legal guardian of such applicant and that I waive any and all rights and claims for damages claimed for competitors contained herein.

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#### Each Competitor over the age of 18, Parent or Legal Guardian if under the age of 18 must signs the waiver to compete:

COMPETITOR SIGNATURE (IF OVER 18 YEARS OF AGE)_		DATE:	_/	_/

PARENT / LEGAL GUARDIAN SIGNATURE: \_\_\_\_

\_DATE: \_\_\_\_\_/\_\_\_/\_\_\_\_/

(IF COMPETITOR IS UNDER 18YEARS OF AGE)



### 2023 TIGER KOO'S OPEN CHAMPIONSHIP GROUP/FAMILY ENTRY FORM

List All Competing Team Member's Name (First & Last)

School Name & Phone Number: \_\_\_\_\_

Form Being Performed: \_\_\_\_\_

Team Fee: \$100.00 Total For Entire Team. \*This is included In "Events"

### "LIABILITY WAIVER"

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Note : This release, Consent and assumption of risk, has important legal consequences. If the competitor, whose name appears above, is under the age of 18, his / her parent or legal guardian must execute this document. (C.M.A. regulations will govern these championships for forms, breaking, and sparring players.)

Each Competitor over the age of 18, Parent or Legal Guardian if under the age of 18must sign the waiver to compete:

Competitor / Parent / Legal Guardian Signature	Date	Competitor / Parent / Legal Guardian Signature	Date
Competitor / Parent / Legal Guardian Signature	Date	Competitor / Parent / Legal Guardian Signature	Date
Competitor / Parent / Legal Guardian Signature	Date	Competitor / Parent / Legal Guardian Signature	Date





## TIGER KOO'S MARTIAL ARTS ACADEMY

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